



*STRIDE is a research study supported by the National Institutes of Health/National Center for Advancing Translational Sciences under award number U01TR001812. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.*

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# The Goal of STRIDE

To improve recruitment of under-represented racial and ethnic minority group members in biomedical research by creating culturally and literacy relevant tools and interventions

# STRIDE Specific Aims

## Aim 1



**Develop** with  
community input

## Aim 2



**Evaluate** in  
collaboration  
with ongoing  
research  
studies

## Aim 3



**Disseminate**  
throughout the  
CTSA program  
and beyond

# STRIDE Intervention Approach

- **Comprehensive, multi-level approach**
- **Aims to provide research teams with the training and tools for a culturally and literacy appropriate informed consent process**



# STRIDE is a Three CTSA Collaboration



- **Simulation:** training research assistants to conduct **culturally appropriate** informed consent
- **Storytelling:** participant stories to **increase understanding** of the research process



- **eConsent** that integrates tools to increase **relevance and comprehension**
- **Community Engagement Studios** to provide feedback on intervention components.



- Intervention **pilot testing**
- **Integrating components** (storytelling, simulation, eConsent) **into existing protocols**

# STRIDE Intervention - Community Input on All Components

## Community Investigators



Fred Jenoure  
UMMS



Jackie Simms  
VUMC

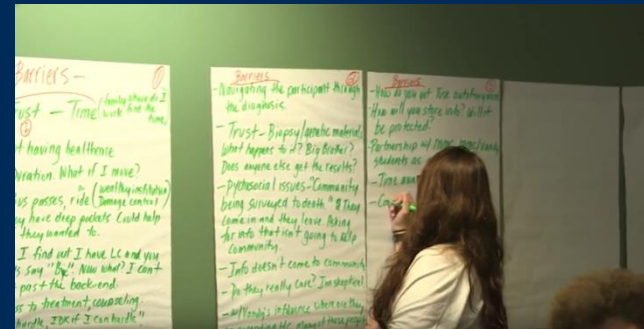


Daniel Cruz  
VUMC



Tiffany Alexander  
UAB

## Community Engagement Studios




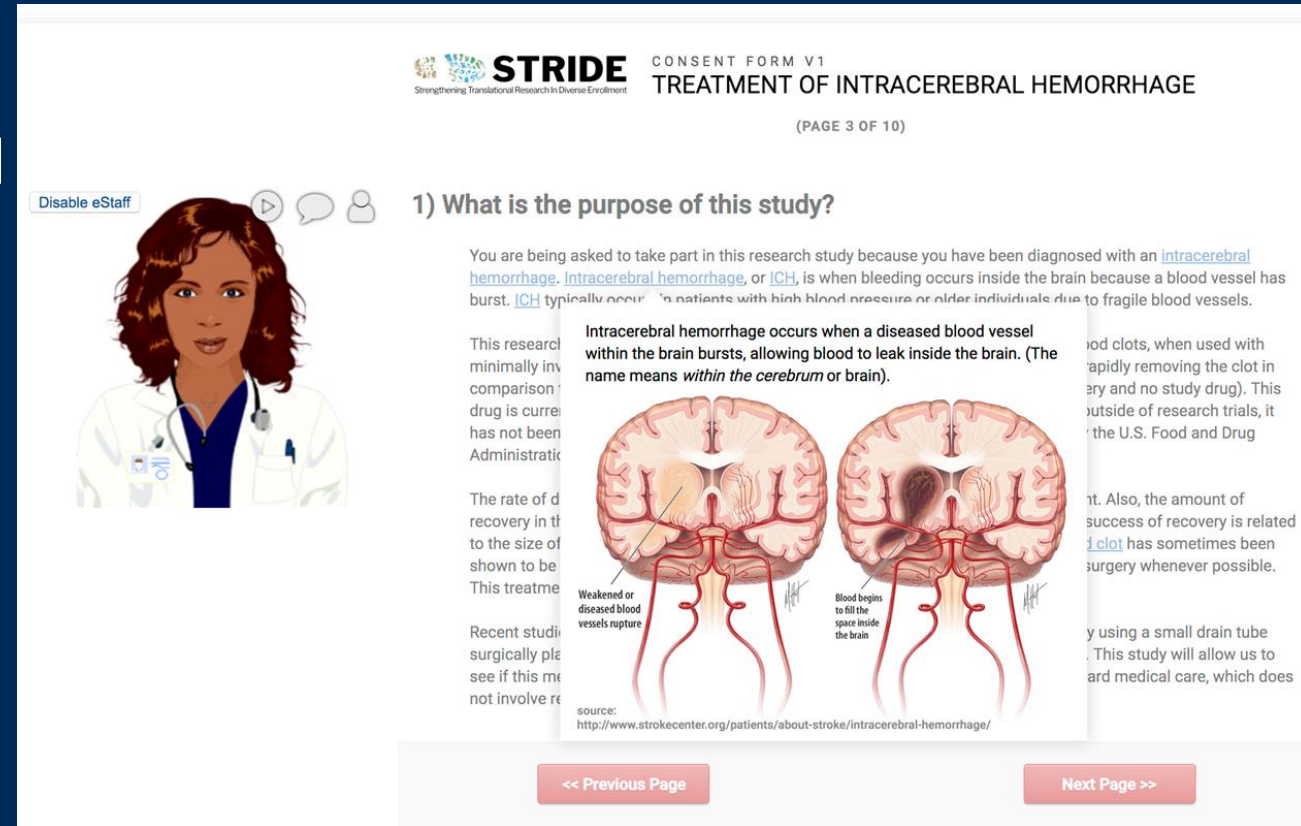
## Collaboration with Community Campus Partnerships for Health (CCPH)





# STRIDE Intervention eConsent- *What is It?*

- Contains all of traditional elements of paper consent PLUS
  - Videos for commonly consented procedures (e.g., LP, MRI, CT),
  - Avatars
  - Hover-over definitions with audio pronunciations
- Deployable in REDCap – scalable and shareable
- Part 11 compliant 
- Example video:  
<https://www.youtube.com/watch?v=3hldK0aD99k&feature=youtu.be>



The screenshot shows a digital consent form titled "STRIDE CONSENT FORM V1 TREATMENT OF INTRACEREBRAL HEMORRHAGE (PAGE 3 OF 10)". It features an avatar of a female doctor and a section titled "1) What is the purpose of this study?". The text explains that the study is for patients with intracerebral hemorrhage (ICH), which is bleeding inside the brain. It includes a diagram of the brain showing a ruptured blood vessel and the resulting hemorrhage. The diagram is labeled "Weakened or diseased blood vessels rupture" and "Blood begins to fill the space inside the brain". The source is cited as <http://www.strokecenter.org/patients/about-stroke/intracerebral-hemorrhage/>. Navigation buttons for "Previous Page" and "Next Page" are visible at the bottom.



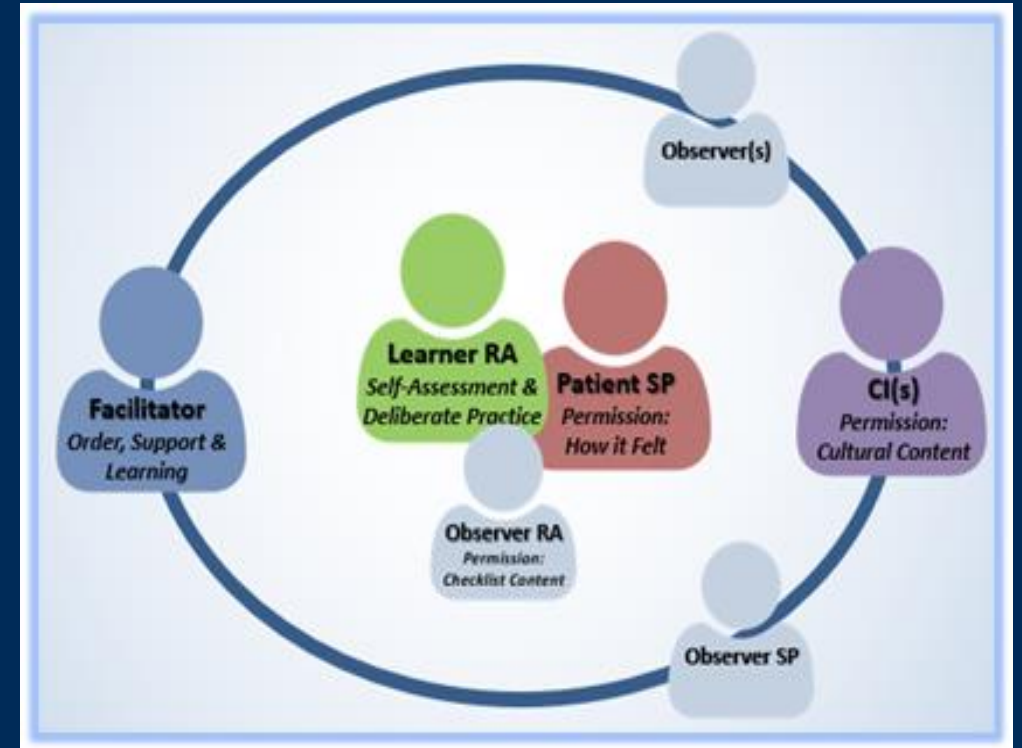
# Core content of STRIDE Sim includes

- STRIDE 101: rationale for this work, econsent and storytelling components
- Understanding and utilizing simulation and deliberate practice methodology
- Applied implicit bias and cultural humility exercises
- Standardized patient cases interactions with deliberate practice, fishbowl debriefing
- Feedback, evaluation and commitment to change



# Participant Feedback was highly positive

- “Excellent, supportive learning environment. Simulation was very helpful...feedbacks were informative.”
- “Look forward to using these tools throughout my career. Thank you.”
- “I learned that I say I don’t assume anything, but I have to admit that often I do.”



# Research Assistants recognized the value of culturally appropriate informed consent



- “allows the researcher to effectively communicate with the patient by showing respect, assessing understanding and establishing a rapport.”
- “is necessary in healthcare. If we are not intentional, then we are not doing our jobs.”

# Research Assistant reported building important engagement skills

- “techniques to effectively engage & build rapport w/ patients in a research setting.”
- “It's always helpful to be more mindful of our own biases and this workshop helped remind us that when we feel a bias, when that signal fires in our brain, to stop and think about what/where that is coming from.”
- “The need to assess not just understanding but also feelings/emotions in informed consent.”

**Assess Understanding**

**Show Empathy**

“Learning more about you will help me give you better information about the study. May I ask you some questions?”

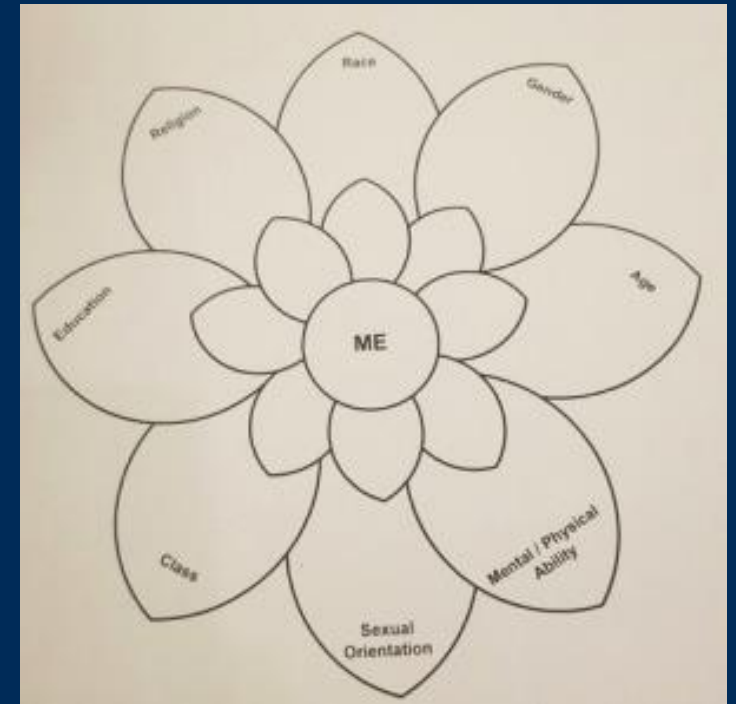
**Show Respect**

“That sounds challenging. Do you feel comfortable continuing to talk with me?”

“Help me understand more about your familiarity with...”

“Tell me more about that concern. What might help?”

“Please find a way to spread this work far and wide.”



# Materials available

- Training agenda with related slide sets
- Facilitation guides
- Checklists
- Evaluation tools
- Trigger videos
- Worksheets
- Training guides



# Redesigned training for broader dissemination

- 2-phase training that utilizes video, SP and existing materials for annual training
  - First year and onboarding (4 hour); annual refresh; train the trainer for subset of participants
  - Supports individualization to partner needs
  - Relies on fewer face-to-face and designated faculty experiences
  - Allows train the trainer modeling
- Faculty agnostic and scalable
- Video used more broadly in didactics, limited standardized patient interactions



# STRIDE Intervention - Storytelling

- Storytelling can be a useful training tool for research teams looking to expand diversity in their projects
- Including the voices of real participants in clinical trials to increase awareness in your research team
- Narratives can include direct experiences with research and approaches to overcoming barriers
- When used as an ancillary to eConsent, narratives can:
  - Introduce potential participants to goals of research
  - Clarify what research is during the informed consent process

# STRIDE Intervention Storytelling

- Explore a sample of storytelling videos:

Why should I participate in a research study?

# STRIDE Summary

- **Three CTSA collaboration - focused on critical gap in clinical research**
- **Utilization of community investigators during all study phases**
- **Innovations**
  - **Consent including e-consent and storytelling**
  - **Research assistant training using simulation**
  - **Quasi-experimental design to test multi-modal intervention in practice**
- **Planned dissemination of tested materials across sites in CTSA network and beyond**

***Potential to improve informed consent process and enhance under-represented minority participation in research***

# STRIDE TEAM

## UAB

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- Amy Mudano, MS - Program Manager
- Marva Douglas-Community Investigator
- Tiffany Alexander-Community Investigator
- Jeanne Merchant-Project Coordinator
- Carrie Oliver-IRB

## CCPH

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